Mawlana Shaykh Muhammad Adil ar-Rabbani

AAG SE DOOR RAHO

As-Salāmu ʻAlaykum wa Raḥmatu Llāhi wa Barakātuh.
Aʻūdhu Bi Llāhi Minash-shayṭāni r-rajīm. Bismi Llāhi r-Raḥmāni r-Raḥīm.
Wa ṣ-Salātu wa s-Salāmu ʻalá Rasūlinā Muḥammadin Sayyidi l-Awwalīna wa l-Akhirīn.
Madad yā RasūlAllāh, Madad yā Sādāti Aṣḥābi RasūliLlāh, Madad yā Mashāyikhinā, Dastūr Mawlana Sheikh Abdullāh al-Fāʼiz ad-Dāghistāni, Sheikh Muḥammad Nāẓim al-Ḥaqqānī. Madad. Ṭarīqatunā aṣ-Suḥbah wa l-Khayru fi l-Jamʻiyyah.

[…] kisi cheez mein, kyunke phir tum iss se wapas nahin laut saktay. Lehaza, agar tum aag dekhon to uske qareeb hargiz na jao. Agar koi yahaan aakar kahe ke har jagaah aag hi hai — Allāh ﷻ hifaazat ataa farmaye — aur tum yeh soch kar aag ke qareeb chale jao, "Agar main qareeb chala jao to koi baat nahin. Main thoda sa qareeb ja sakta hoon." To achaanak hawa chalti hai aur tamaam sholay tum tak pahonch kar tumhara chehra aur sab kuch jala dete hain.

Lehaza tumhein aag se jitna mumkin ho sake utna door rehna chahiye. Yeh na kaho, "Main bas ek cigarette azma kar dekhunga, iss mein kya hai." Nahin, agar yeh tumhein apni girift mein le le to tum isse bilkul chhutkara nahin pa saktay. Tum iss tarah cigarette peete waqt apne aap ko hero samajhte hon. Lekin iske baad tum iske gulaam ban jaoge. Tum chahoge ke isey chhod do, isse nijaat pao, lekin yeh tum se octopus (samandari keede) ki tarah chipak jayega aur tum ko kas kar baandh dega. Tum iss se chhoot nahin paaoge. Aur yeh to un hazaron cheezon mein se sirf ek misaal hai jo hum dekhte hain. Isiliye jab bhi tumhein aisi koi cheez nazar aaye to yeh na kaho, "Mujhe ise zaroor azmaana chahiye." Nahin, ise azmaane ki koi zaroorat nahin!

Madrase mein humein ek usool sikhaya jata hai. Madrase mein humein ek bahot achhi baat sikhayi gayi thi: **"مَنْ جَرَّبَ مُجَرَّباً فَعَقْلُهُ مُخَرَّب"**, "Man jarraba mujarrab, fa ʻaqluhu mukharrab." Jis shaks ne pehle se azmaayi hui cheez ko dobara azmaya, uska dimaag kharaab hai; uski aqal theek nahin, bigad chuki hai. Log pehle hi jaante hain — sab jaante hain ke yeh bura hai — to ise azmaane ki koi zaroorat nahin. Lehaza hum dua karte hain ke Allāh ﷻ humein fawāḥish (beyhayi aur badkari) se, gunaahon se aur buri cheezon se door rakhe, InshaAllah. Allāh ﷻ aap ko barkat ataa farmaye.

Wa min Allāhi t-Tawfīq. Al-Fātiḥa.

Mawlana Shaykh Muhammad Adil ar-Rabbani

Mawlana Sheikh Muhammad Adil ar-Rabbani
03 November 2026/ 23 Jumada al-Awwal 1448
Fajr ki Namaz – Naqshbandi Dergah Colombo, Sri Lanka