

Mawlana Shaykh Muhammad Adil ar-Rabbani

WASWĀS DESTROYS MANKIND!

*As-Salāmu ‘Alaykum wa RaḥmatuLlāhi wa Barakātuh.
A‘ūdhu BiLlāhi Minash-shayṭāni r-rajīm. BismiLlāhi r-Raḥmāni r-Raḥīm.
Wa s-Salātu wa s-Salāmu ‘alā Rasūlinā Muḥammadin Sayyidi l-Anwālina wa l-Akbarin.
Madad yā RasūlAllāh, Madad yā Sādāti Aṣḥābi RasūlilLāh, Madad yā Mashāyikhinā,
Dastūr Mawlana Sheikh Abdullāh al-Fā’iz ad-Dāghistāni, Sheikh Muḥammad Naẓīm al-
Ḥaqqāni. Madad. Ṭarīqatunā aṣ-Suḥbah wa l-Khayru fī l-Jam‘iyyah.*

Bismi Llāhi r-Raḥmāni r-Raḥīm.

الَّذِي يُوسْوِسُ فِي صُدُورِ النَّاسِ (5) مِنَ الْجِنَّةِ وَالنَّاسِ (6)

“Al-Ladhī Yuwaswisu Fī ṢudūriAn-Nās (5) Mina Al-Jinnati WaAn-Nās (6)”, “Who whispers into the hearts of people (5) From among jinn and among people (6).” (Qur’ān 114). Ṣadaqa Llāhu l-‘Azīm.

Waswās is from shayṭān, Allāh ‘Azza wa-Jalla says. Waswās means to not be sure what you’re doing. Prophet ṣallā Llāhu ‘alayhi wa-sallam says, “يَسِّرُوا وَلَا تُعَسِّرُوا”, “Yassirū wa-lā Tu‘assirū”, “Make things easy and do not make them difficult”. [Ḥadīth]. Allāh ‘Azza wa-Jalla says in many sūrahs in Qur’ān to be easy with people, not to be hard. But shayṭān wants to make it hard and difficult to not do good things. Waswās means when you think, “Did I do this good? Is my prayer good?”

There’s waswās about Takbīr here; and in this area even a little more. Maybe it’s from sincerity but some people encourage these people to have more waswās. When they begin to pray it takes them one hour to say “Allāhu Akbar.” Maybe until he says “Allāhu Akbar” the imām would’ve have gone into Rukū’. This is one example of waswās. And there are groups. Alhamdulillah there aren’t many groups here. Shayṭān makes many groups. Shayṭān can play with those outside of ṭarīqah. There are many groups. Those who are not in ṭarīqah can easily be a toy in the hand of shayṭān. For this, the worst thing for these people is that you’re Muslim, perfectly Muslim, and they come and put this waswās in their hearts. “If you do this, you’ll be kāfir. If you do that, you’ll be mushrik. If you do this, you’ll be an unbeliever.”

Islām, especially ṭarīqah are against this. Ṭarīqah’s belief is: Allāh ﷻ accepts everything, you are His ﷻ servant, doing for Him ﷻ. If your intention is for Allāh ‘Azza wa-Jalla, that’s enough. Say, “BismiLlāh, Nawaytu s-Salāh, Allāhu Akbar,” finish. No need to make too much waswās: if it is right or not right, if it’s good or not good. You cannot

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judge this. Just obey Allāh ‘Azza wa-Jalla and pray. Don’t make waswās. Waswās later becomes worse and worse and worse. It destroys the life of mankind; woman or man. Waswās causes people going to wudū’ to make maybe one-hour wudū’, going to wash in the bathroom not going out for two hours. It destroys the life of people. It is a 100% from shayṭān. Don’t do this! Allāh ﷻ doesn’t order you to do this! Only intend for wudū’ and quickly make wudū’. If you feel you have waswās, finish your wudū’ in one minute. Don’t take too long. In prayer also; quickly pray. No need for you to be, as they call it, khushū’. One of them asked me, “How can I achieve khushū’?” Don’t have khushū’! No need for us for khushū’. Just pray this Fard, the order of Allāh ﷻ; do it and go! No need to make shayṭān play with you. Because they’re coming through tricks to make you think you’re doing what’s better but you’re doing worse. After that, maybe you can’t even pray. Many people with waswās, they ended their praying, ended their minds, ended their health, everything. May Allāh ﷻ keep us safe from these people. Ṭarīqah is easy; Islām is very easy. “يَسِّرُوا وَلَا تَعْسِرُوا”, “Yassirū wa-lā Tu‘assiru”, “Make things easy and do not make them difficult”. [Ḥadīth]. Make it easy. Don’t make it hard. May Allāh ﷻ make it easy for all of us.

Wa min Allāhi t-Tawfīq. Al-Fātiḥa.

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