Mawlana Shaykh Muhammad Adil ar-Rabbani

BEEMARI AUR SHIFA ALLĀH ﷻ SE AATI HAIN

As-Salāmu ʻAlaykum wa RaḥmatuLlāhi wa Barakātuh.
Aʻūdhu BiLlāhi Minash-shayṭāni r-rajīm. BismiLlāhi r-Raḥmāni r-Raḥīm.
Wa ṣ-Salātu wa s-Salāmu ʻalá Rasūlinā Muḥammadin Sayyidi l-Awwalīna wa l-Akhirīn.
Madad yā RasūlAllāh, Madad yā Sādāti Aṣḥābi RasūliLlāh, Madad yā Mashāyikhinā, Dastūr Mawlana Sheikh Abdullāh al-Fāʼiz ad-Dāghistāni, Sheikh Muḥammad Nāẓim al-Ḥaqqānī. Madad. Ṭarīqatunā aṣ-Suḥbah wa l-Khayru fi l-Jamʻiyyah.

BismiLlahi r-Rahmani r-Rahim,

وَإِذَا مَرِضْتُ فَهُوَ يَشْفِينِ

(Qur'ān 26:80). 'Wa idhā mariḍtu fahuwa yashfīn', "Aur jab main beemar hota hoon to Woh hi mujhe shifa deta hai.' Ṣadaqa Llāhu l-ʻAẓīm. Allāh 'Azza wa-Jalla ne beemari aur shifa dono ko muqarrar kiya hai; yeh sab Us ﷻ ke janib se hi aata hai. Halaanke beemari Allāh ﷻ ke hukm se momin ke darjaat ko buland karne aur unke gunaaho ki maghfirat ke liye aati hai, lekin yeh har kisi par ek jaisi nahi hoti; kuch logon ko zyada sakhti se mehsoos hoti hai. Yeh Allāh ﷻ ki hikmat ka ek hissa hai. Allāh ﷻ logon ko har cheez imtihaan ke taur par deta hai—chahe kisi ka maqam buland karne ke liye ho ya unke gunaahon ko saaf karne ke liye. Woh beemari Allāh ﷻ ki taraf se aati hai.

Ek beemar shaks ko shifa haasil karne ke liye mualij ke paas jana chahiye; kisi ko bhi beemari ko apne haal par nahi chhodna chahiye. Magar kuch log hamesha pareshani aur waswasay mein padey rehte hain, poochte hain, "Kya main beemar hoon ya nahi? Yeh kaisi haalat hai?" aur be-zaroorat mualij ke paas jaate hain. Doosre log, beshaq, asal mein beemar hote hain. Lehaza aisi soorat-e-haal mein munasib tareeqe se amal karna chahiye. Aaj kal, kyunke dawakhane (shifakhane) ke chakkar aur ilaaj muft hain, log baar baar dawakhane jaate hain, jisse be-zaroorat ilaaji-amliyat ho jaati hain. Sunnat ke mutabiq ilaaj bhi kiye ja sakte hain, lekin unke bhi apne munasib tareeqe aur usool hain; aap kisi bhi waqt hijāmah ya doosre ilaaji-amliyat nahi karwa sakte. Aap ko dawaai munasib hidayaat ke mutabiq leni chahiye aur diye gaye mashware par amal karna chahiye taake shifa haasil ho. Agar poori shifa naa bhi mile, to Allāh ﷻ phir bhi isay halka kar sakta hain. Yeh Allāh ﷻ ka hukm hai; dawaai lete waqt aap ko shifa haasil karne ki niyyat se aur Bismillah padh kar leni chahiye, kyunke shifa dawaai se nahi, balki Allāh ﷻ ke janib se aati hai. Dawaai

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sirf ek waseela hai. Aap ko yeh nahi kehna chahiye, “Main sirf us dawaai ki wajah se theek ho gaya.” Yeh Allāh ﷻ ka hukm hai; shifa Allāh ﷻ se aati hai, aur dawaai sirf ek waseela bani.

Yeh insaan ke liye ek imtihaan hai. Jaisa ke hum ne kaha, yeh ek aazmaish hai, magar kabhi kabhi insaan hadd se zyada aage guzar jaata hai, kehta hai, “Maine yeh kiya, maine woh haasil kiya.” Kabhi-kabhi, Allāh ﷻ aisi beemari isliye bhejte hain ke aisa takabbur toot jaaye. Beemari Allāh ﷻ ki ilaahi hikmat ka hissa hai. Kuch log bagaawat karte hain, poochte hain, “Yeh mere saath kyun hua?” Agar aap bagaawat karein to aap ke dard ka sawaab zaya hojata hai; yaani aap bekaar mein dard aur mushkilat seh rahe hote hain. Iske bajaye aap ko yeh kehna chahiye, “Yeh Allāh ﷻ ki taraf se aaya hain; Allāh ﷻ shifa ataa farmayein,” aur Us ﷻ se kabhi ummeed na khoye. Allāh ﷻ ki rehmat se kabhi mayoos nahi hona chahiye, aakhri saans tak bhi nahi. Shifa ho sakti hai. Aap doosron se du‘ā’ maangte hain aur Allāh ﷻ ki taarif karte hain, yeh maante hue, “Us ﷻ ne humein yeh beemari isliye di taake hamaare darjaat buland ho.” Lehaza logon ko bagaawat nahi karni chahiye; koi doosra darwaza nahi hain jahan jaaya jaaye, koi bhi doosra raasta nahi hain. Aap Allāh ﷻ se bagaawat kar sakte hain ke tum par beemaari bheji gayi, magar Us ﷻ se bhaagne ki koi dusri jagaah nahi. Hum Allāh ﷻ se aaye hain, aur Allāh ﷻ hi ki taraf aakhir mein lautna hai; aur koi nijaat nahi.

Allāh ﷻ humaari hifaazat ataa farmayein. Allāh ﷻ humein sehatmand zindagi ataa farmayein, kyunke sehat ek bahot badi neymat hai—sach mein ek azeem inaayat hain. Hamaare Rasool ṣallá Llāhu ‘alayhi wa-sallam farmate hain ke do aisi neymatein hain jin ke baare mein log aksar dhoke mein rehte hain aur unki asal qeemat nahi pehchante. Jaise unki zindagi guzarti jaati hai, woh isse be-khabar rehte hain aur apni sehat ki qadr nahi karte; jab woh beemar padte hain tab unhein pata chalta hai ke sehat kitni badi neymat hai. Allāh ﷻ humaari hifaazat ataa farmayein aur tamaam beemaron ko shifa ataa farmayein. Allāh ﷻ hum sab ki hifaazat farmayein, InShāAllāh. Humein beemari ke imtihaan mein naa daalein, InShāAllāh. Allāh ﷻ humein sehat aur aafiyat ki zindagi ataa farmayein, aur hamaare imaan ko koi nuqsaan naa pahonche, InShāAllāh.

Wa min Allāhi t-Tawfīq. Al-Fātiḥa.

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