

Mawlana Shaykh Muhammad Adil ar-Rabbani

HAMARE HAR EK JOD KE LIYE SADAQAH

As-Salāmu ‘Alaykum wa RaḥmatuLlāhi wa Barakātuh.

A‘udhu BiLlāhi Minash-shayṭāni r-rajīm. Bismillāhi r-Raḥmāni r-Raḥīm.

Wa ṣ-Salātu wa s-Salāmu ‘alā Rasūlinā Muḥammadin Sayyidi l-Anwālina wa l-Akhirin.

Madad yā RasūlAllāh, Madad yā Sādāti Aṣḥābi Rasūlillāh, Madad yā Mashāyikhinā,

Dastūr Mawlana Sheikh Abdullah al-Fa’iz ad-Dāghistāni, Sheikh Muḥammad Nāzim

al-Ḥaqānī. Madad. Tarīqatunā aṣ-Suḥbah wa l-Khayru fi l-Jam‘iyyah.

Hamare Rasool ṣallā Llāhu ‘alayhi wa-sallam farmate hain: Insaan ke jism mein 360 jod hote hain. Beshaq, Allāh ‘Azza wa-Jalla ne hamare Rasool ṣallā Llāhu ‘alayhi wa-sallam ko Us ﷺ ke paida kiye hue insaanon ke bare mein har cheez — har zarre tak — ke bare mein ilm ataa kiya hain; aap ﷺ woh sab kuch jaante hain jo ilaaz karne wale mualij (doctor) nahi jante. Hamare Rasool ṣallā Llāhu ‘alayhi wa-sallam farmate hain ke har jod ke liye sadaqah dena zaroori hai. Hamare Rasool ṣallā Llāhu ‘alayhi wa-sallam farmate hain, “Sadaqah paise ki soorat mein bhi diya ja sakta hai.” Aap ﷺ yeh bhi farmate hain, “Raaste se nuksan dene wali cheezein hata dena — jaise ke patthar, kaante, kaagaz wagaira — yeh bhi sadaqah ka ek amal hai.” Aakhir, har kisi ke paas rozana 360 paise ka sadaqah dene ke wasail nahi hote. Lehaza hamare Rasool ṣallā Llāhu ‘alayhi wa-sallam samjhaate hain ke yeh doosre amal uss sadaqah ka badla saabit hote hain.

In sab ke liye do rakat Duha ki namaaz kaafi hai. Duha ki namaaz suraj nikalne ke bees minute, aadha ghanta, ya ek ghante baad adaa ki ja sakti hai. Suraj nikalne ke thodi der baad jo pehli do rakat namaaz padhi jati hai, woh Ishraq ki namaaz hai. Duha ki namaaz do-do rakat karke do se lekar baarah rakat tak adaa ki ja sakti hai. Kam-az-kam do rakat padh lena jism ke tamaam jodon ke liye lazmi taur par adaa kiye jane wala sadaqah ban jata hai. Agar tum apna din Tahajjud ya fajr ki namaaz se shuru karo, din bhar aise aamaal mein guzaro jo Allāh ﷻ ko pasand hain aur tumhare liye faidemand hain, aur din ke aakhir mein bhi namaaz padho, to tumne apni poori zindagi Allāh ﷻ ke raaste mein guzar di. Yeh tumhare liye faidemand hogi aur tumhare jism ko sehat deti hai, kyunki sadaqah sehat hai, aur iske sath tumhari ruhaniyat bhi buland hoti hai.

Yeh sach mein ek bahot khoobsurat cheez hai. Iske zariye tum Allāh ﷻ ke mehboob bande ban jate ho aur hamare Rasool ṣallā Llāhu ‘alayhi wa-sallam ke mehboob bande bhi.

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Tumhari aap ﷺ se mohabbat badhti hai aur gehri hoti jati hai, kyunki aap ﷺ ki Sunnat par amal karna yani aap ﷺ jaisa banne ki koshish karna aur aap ﷺ ki pairwi karna. Yeh hamaare tariqat aur Islam ka asal maqsad hai. Rasool ﷺ ki pairwi karna, aap ﷺ ke raaste par chalna, aur jitna ho sake aap ﷺ jaisa banne ki koshish karna — yeh insaan, ek momin ke liye sabse badi fazilat aur sabse aala khoobsurti hai. Aap ﷺ ka ehteram karna bhi ek azeem sawaab hai. Allāh ﷻ humein un logon se mehfooz rakhe jo aap ﷺ ka ehteram nahi karte; unka nuksan bahot azeem hai, kyunki woh aapko iss khoobsurat inaam aur is khoobsurat zindagi se door rakhna chahte hain. Agar tum un jaisa ban gaye, to naa tumhare alfaaz aur naa tumhare amal tumhare liye kisi kaam ke honge. Isiliye, Allāh ﷻ hum sab ki hifaazat ataa farmaye. Allāh ﷻ humein taufeeq ataa farmaye ke hum apni aakhri saans tak hamesha Us ﷻ ke raaste par chalte rahein, InShaAllah.

Wa min Allāhi t-Tawfiq. Al-Fātiḥa.

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