

# Mawlana Shaykh Muhammad Adil ar-Rabbani

## OPPOSE YOUR EGO IN EVERYTHING

*As-Salāmu ‘Alaykum wa RaḥmatuLlāhi wa Barakātuh.*

*A‘ūdhu BiLlāhi Minash-shayṭāni r-rajīm. BismiLlāhi r-Raḥmāni r-Raḥīm.*

*Wa ṣ-Salātu wa s-Salāmu ‘alā Rasūlinā Muḥammadin Sayyidi l-Anwālina wa l-Akḥbirīn.*

*Madad yā RasūlAllāh, Madad yā Sādāti Aṣḥābi RasūlilLāh, Madad yā Mashāyikhinā,*

*Dastūr Mawlana Sheikh Abdullāh al-Fā’iz ad-Dāghistāni, Sheikh Muḥammad Naẓīm al-Ḥaqqāni. Madad. Tarīqatunā aṣ-Suḥbah wa l-Khayru fi l-Jam‘iyyah.*

Bismi Llāhi r-Raḥmāni r-Raḥīm,

إِنَّهُ بِكُلِّ شَيْءٍ بَصِيرٌ

“Innahu Bikulli Shay’inBaṣīrun”, “Verily, He is the All-Seer of everything.” (Qur’ān 67:19). Allāh ‘Azza wa-Jalla sees everything; nothing is hidden from Him ﷻ. When a believer, a Muslim, knows this, all his affairs go well, and he stays away from bad things. He always strives to do what Allāh ‘Azza wa-Jalla loves. Of course, a person will do as much as he can. There is the ego, the shayṭān, desires; there are many things that try to prevent mankind. No one can achieve this 100%, but a person must control his ego as much as he can. Because Allāh ‘Azza wa-Jalla sees everything. But still, we are weak servants; we make mistakes and commit sins. Repenting and seeking forgiveness is for our benefit so that Allāh ﷻ may forgive us. Because Allāh ‘Azza wa-Jalla transforms the sins and mistakes committed by the person who repents and seeks forgiveness into good deeds. As for those who do not repent, that is their own business.

Now, people have followed their egos; they consider themselves very great, they do whatever they want, and moreover, they defy Allāh ‘Azza wa-Jalla. They think highly of themselves. However, in reality, they are only harming themselves, not doing themselves any good. A person who acts arrogantly before Allāh ‘Azza wa-Jalla is actually humiliating themselves; because they have become a slave to their own ego, a mount for their ego. Their ego is riding them, making them run; and they think of themselves as something important. May Allāh ﷻ protect us from the state of people in this time. May Allāh ﷻ improve them. But of course, since it is the end of times, shayṭāns and evils are deceiving people, pushing them towards evil things. May Allāh ﷻ protect us from the evil of our ego.

As we said, even if it’s a small thing, resisting the ego is always beneficial for us. As you resist it, Allāh ﷻ will gradually give you strength, and your spiritual strength will increase. By resisting your ego and not following it, you will become stronger both spiritually and outwardly, with the permission of Allāh ﷻ. May Allāh ﷻ protect us from



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our ego. Bismi Llāhi r-Raḥmāni r-Raḥīm, “وَمَنْ جَاهَدَ فَإِنَّمَا يُجَاهِدُ لِنَفْسِهِ”, 'Wa Man Jāhada Fa'innamā Yujāhidu Linafsihi', 'And whoever strives only strives for [the benefit of] himself.' (Qur'ān 29:06). Jihād means opposing the ego. We will wage jihād as our Prophet ṣallā Llāhu 'alayhi wa-sallam said: The greatest jihād is the jihād you wage against your ego, the war against your ego. If you do this, you will already be considered a mujāhid in the presence of Allāh ﷻ and you will earn its reward. May Allāh ﷻ help us, and may we overcome our egos, in shā'a Llāh.

Wa min Allāhi t-Tawfīq. Al-Fātiḥa.

Mawlana Sheikh Muhammad Adil ar-Rabbani  
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