

Mawlana Shaykh Muhammad Adil ar-Rabbani

NAFS KI HUKUMAT KA ZAMANA

*As-Salāmu ‘Alaykum wa RaḥmatuLlāhi wa Barakātuh.
A‘ūdhu BiLlāhi Minash-shayṭāni r-raḥīm. Bismillāhi r-Raḥmāni r-Raḥīm.
Wa ṣ-Salātu wa s-Salāmu ‘alā Rasūlinā Muḥammadin Sayyidi l-Anwālina wa l-Akhirin.
Madad yā RasūlAllāh, Madad yā Sādāti Aṣḥābi Rasūlillāh, Madad yā Mashāyikhinā,
Dastūr Mawlana Sheikh Abdullah al-Fā’iz ad-Dāghistāni, Sheikh Muḥammad Nāzim
al-Ḥaqqāni. Madad. Tarīqatunā aṣ-Suḥbah wa l-Khayru fī l-Jam‘iyyah.*

Hamaare Rasool ṣallā Llāhu ‘alayhi wa-sallam farmaate hain, nafs-e-insaani, har kisi ke paas ek nafs hai, aur agar tum isay khuli azaadi de do, toh woh kabhi bhi mukammal taur par mutmaeen nahi rahega. Nafs mutmaeen honay se pareh hai. Chaahe tum isay kitna bhi de do, yeh hamesha hi zyada ka talabgaar rahega. Woh kehte hain “be-sharm, gustaakh,” aur yeh bilkul aisa hi hai. Insaan ka nafs itna zyada bada hai ke, agar mauqa mil jaye to Firaun ke nafs jaisa ban sakta hai. Firaun ne apne nafs ki ibaadat ki, aur aakhir mein usne apni qaum ko apni aur apne nafs ki ibaadat mein laga diya. Insaan ka nafs bhi itna hi zyada bada hai; agar isay azaadi de do toh yeh bahot aage tak jaa sakta hai.

Lehaza, shuruwat se hi, jab yeh chhota hota hain, tumhein isay koi mauqa nahi dena chahiye. Jitna zyada mumkin ho sake, isay woh kabhi mat do jo woh chahta hai; agar zaroori bhi ho tab bhi isay taal do kyunki nafs kisi bhi cheez ko bahot jaldbaazi mein chaahta hai. Albatta, yeh dunyawī cheezon ke baarey mein hai. Khaas taur par ab, logon ne ek muashra banaya hai jise “Saarif Muashra” kehte hain. Har taraf, woh har cheez, achhi aur buri, logon ke muh par thopte hain, yeh kehte huye, “Isey kharid lo, usay kharid lo.” Aur nafs unse jitna ho sake utna zyada lene ki koshish karta rehta hai. Kuch cheezein hoti hain joh wujoodi taur par nazar bhi aati hain, lekin kuch cheezein aisi bhi hoti hain jo posheeda hain aur logon ke zehen mein yeh unke ilm mein laye bagair daal di jati hain. Woh bure ko achha banaker pesh karte hain yeh keh kar, “Tum yeh karoge, tum woh karoge,” aur aakhir mein, log bure ko achha samajhne lagte hain, un cheezon ko aam bana dete hain jis ke baare mein Allāh ﷻ ne manaa kiya hain aur unhein haraam farmaya.

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Lehaza, yeh zaroori nahi hai ke nafs ko woh mauqa diya jaye. Nafs ko qaaboo mein rakhna chahiye. Insaan ko apne nafs ka gulaam nahi hona chahiye taake woh uspar gaalib aa sake aur uss par afzal ho sake. Agar nafs afzal ho gaya to tumhari sari koshishe barbaad ho jayengi. Yeh usi tarah ho jayega jaise Firaun ne kiya tha. Aakhir mein, yeh ek aisi zindagi thi jisne koi maqsad pura nahi kiya. Allāh ﷻ humein hifazaat ataa farmaye. Hum apni zindagiyan barbaad na karein, InshāAllāh. Allāh ﷻ humein mehfooz rakhe; hum apne nafs ke sharr se, shaytan ke sharr se, aur tamaam sharr se mehfooz rahein, InshāAllāh. Allāh ﷻ Ummat-e-Muhammad ki madad ataa farmaye. Kyunki hum aakhri zamaane mein jee rahe hain, har koi apne nafs ke hukm ke taabe hai. “Khushamdeed, aaj hum aap ke liye kya kar sakte hain? Jo aap ka hukm, ji, hum karenge. Chaliye yeh nek kaam karte hain.” “Nahi, mat karo.” “Theek hai, isay nahi karte hain.” “Chaliye yeh buraa kaam karte hain.” “Isay bhi karte hain.” “Chaliye iss gunaah ko karte hain.” “Theek hai, usay bhi karte hain.” Nafs jo kuch bhi kehta hai uss par “Theek hai” kehna, Ummat-e-Muhammad, yeh aakhri zamaane ki Ummat, subah se shaam tak sirf apne nafs ki gulaam ban chuki hai; jo kuch bhi yeh kehta hai, woh kehta hai, “Hum aap ki khidmat mein haazir hain, hum isay kar lenge.” Allāh ﷻ humaari madad ataa farmaye. Allāh ﷻ hum sab ki madad ataa farmaye, aur sahib ko bhej de. Allāh ﷻ hum sab ko, Ummat-e-Muhammad ko, in sharr se bachaye, InshāAllāh.

Wa min Allāhi t-Tawfīq. Al-Fātiḥa.

Mawlana Sheikh Muhammad Adil ar-Rabbani
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