

Mawlana Shaykh Muhammad Adil ar-Rabbani

EK GHANTE KI GAUR-O-FIKR KI AHEMIYAT

*As-Salāmu ‘Alaykum wa RaḥmatuLlāhi wa Barakātuh.
A‘ūdhu BiLlāhi Minash-shayṭāni r-raḥīm. BismiLlāhi r-Raḥmāni r-Raḥīm.
Wa ṣ-Salātu wa s-Salāmu ‘alā Rasūlinā Muḥammadin Sayyidi l-Anwālina wa l-Akhirin.
Madad yā RasūlAllāh, Madad yā Sādāti Aṣḥābi RasūlilLāh, Madad yā Mashāyikhinā,
Dastūr Mawlana Sheikh Abdullāh al-Fā’iz ad-Dāghistāni, Sheikh Muḥammad Nāzim
al-Ḥaqqāni. Madad. Tarīqatunā aṣ-Suḥbah wa l-Khayru fi l-Jam‘iyyah.*

Hamaare Rasool ṣallā Llāhu ‘alayhi wa-sallam farmate hain,

تَفَكَّرْ سَاعَةً خَيْرٌ مِنْ عِبَادَةٍ سَبْعِينَ سَنَةً

“Tafakkur sā‘atin khayrun min ‘ibādati sab‘in sanah.” Aw kama qāl. Hamaare Rasool ṣallā Llāhu ‘alayhi wa-sallam farmaate hain, “Ek ghante ki fikr-o-tafakkur sattar saal ki ibaadat se behtar hai.” Iski wajah yeh hai ke log soche samjhe bagair kaam karte hain. Chaahe woh ibaadat ho ya duniyavi maamlaat, woh zindagi bhar cheezon ke peeche bhaagte rehte hain, unhein haasil karne ki koshish karte hain. Lekin aisa karna achha nahi hota hain; yeh aisi cheez hai jis se koi faida nahi hota. Lehaza woh sattar saal zaya hojate hain.

Yeh hamaare zamaane ke logo mein aur bhi zyada nazar ata hai. Aaj ke daur ke logon ne aakhirat ko bilkul hi bhula diya hai. Unke paas iske bare mein sochne ka waqt bhi nahi hai. Woh ek jagah se dusri jagah bhaagte phirte hain, aur jab unke paas fursat hoti hai toh woh bekaar ki cheezon ko dekhte hain aur be-maqsud kaamon mein masroof hojate hain. Woh aisi cheezein karte hain jo unhein faida nahi deti. Woh un logon ke peeche bhaagte hain jo unhein nuqsan pahochate hain; unki tareef karte hain, aur unhein izzat dete hain. Lekin agar woh aqalmand hote aur gaur-o-fikr karte, toh woh sahi raah paa lete. Us ek ghante ki fikr-o-tafakkur se woh apni zindagi jeet lete. Woh apni duniyavi zindagi bhi jeet lete, aur sabse zyada ahem, aakhirat ki zindagi jeet lete. Warna woh kisi ghode ki tarah be-inteha daudta rahega, aur kisi cheez ke liye waqt nahi hoga. Woh sochta rahega, “Main isi raah par musalsal daud raha hoon, toh main kahi na kahi pahoch jaonga.” Lekin aakhir mein woh dekhega ke jis jagah woh pahochega woh khaali thi aur wahaan kuch bhi nahi tha.

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Isiliye, gaur-o-fikr karna aur sochna, “Kya mere aamaal Allāh ‘Azza wa-Jalla ko pasand aate hain ya nahi? Kya yeh woh cheezein hain jise Allāh ‘Azza wa-Jalla pasand farmata hain ya nahi?” insaan ki zindagi bacha deta hai. Jis ne aisa nahi kiya woh apni zindagi gawa deta hain. Log marne walon ke baare mein kehte hain, “Usne apni zindagi gawa di”; lekin jo haqiqat mein apni zindagi gawata hai woh wohi hai jo gaur-o-fikr nahi karta aur sahi raah nahi paata. Jis ne gaur-o-fikr ki aur sahi raah paa li uski zindagi zaya nahi hoti; woh aakhirat mein chala jayega. Jo nahi sochta, jo sirf daudta hai aur kisi aankhon per patti wale ghode ki tarah idhar-udhar dekhta rehta hai, woh apni zindagi aur sab kuch gawa deta hai. Allāh ﷻ humaari hifazat ataa farmaye.

Isiliye, Allāh ‘Azza wa-Jalla ne insaan ko aqal, zehen aur samajh ataa ki hai; Socho (gaur karo). Insaan ko Allāh ‘Azza wa-Jalla ki azmat aur hamaare Rasool ﷺ alayhi wa-sallam ki hurmat aur mohabbat par khaas tawajjoh dena chahiye. Allāh ﷻ humein hoshiyaari ataa farmaye; woh ﷻ humein haqq ke raaste se juda na karein aur sharr ke raaste par naa le jayein, InshaAllāh.

Wa min Allāhi t-Tawfīq. Al-Fātiḥa.

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