

# Mawlana Shaykh Muhammad Adil ar-Rabbani

## A CONSTANT STATE OF DHIKR

*As-Salāmu ‘Alaykum wa RaḥmatuLlāhi wa Barakātub.*

*A‘ūdhu BiLlāhi Minash-shayṭāni r-raġim. BismiLlāhi r-Raḥmāni r-Raḥīm.*

*Wa ṣ-Salātu wa s-Salāmu ‘alā Rasūlinā Muḥammadin Sayyidi l-Anwālina wa l-Akḥbirin.*

*Madad yā RasūlAllāh, Madad yā Sādāti Aṣḥābi RasūlilLāh, Madad yā Mashāyikhinā,*

*Dastūr Mawlana Sheikh Abdullāh al-Fa‘īẓ ad-Dāghistāni, Sheikh Muḥammad Nāẓim al-*

*Ḥaqqāni. Madad. Ṭarīqatunā aṣ-Suḥbah wa l-Khayru fi l-Jam‘iyyah.*

BismiLlāhi r-Rahmani r-Rahim:

وَلِلَّهِ الْأَسْمَاءُ الْحُسْنَىٰ فَادْعُوهُ بِهَا

(Qur’ān 07:180). ‘Wa li-Llāhi l-asmā’u l-ḥusnā fad‘ūhu bihā’, ‘And to Allah belong the Most Beautiful Names, so call on Him by them.’ Ṣadaqa Llāhu l-‘Aẓīm.

Allāh ‘Azza wa-Jalla has many names. He ﷻ bestowed different names upon each prophet. The power and majesty of Allāh ‘Azza wa-Jalla are infinite. We, the Ummah of Muhammad, have been granted ninety-nine names, plus the Greatest Name (Ismu l-‘A’zam). We benefit from them; some are recited as dhikr and tasbih. Some names are exclusive to Allāh ‘Azza wa-Jalla and are not given to anyone else. Some can be used by ordinary people and prophets, but some are entirely special.

So of course, we do not know all the names given to other prophets. Because from Adam ‘alayhi s-salām onwards, each of them has been given thousands of different names. All ninety-nine names bestowed especially upon us, the Ummah of Muhammad ṣallā Llāhu ‘alayhi wa-sallam are barakah. But as with everything, Allāh ‘Azza wa-Jalla has reserved the greatest, most honorable, and most beautiful names as a gift for our Prophet ṣallā Llāhu ‘alayhi wa-sallam.

Therefore, the recitation of some names is, of course, permissible only with permission, while others can be recited by everyone. Everyone can recite the name “Allāh” as many times as they wish. Some ṭarīqahs have a specific number of recitations. It might become heavy upon some people who recite them without permission. Therefore, it is necessary to recite the names with permission and adhere to the given number. There are also those who recite on their own; may Allāh ﷻ accept their recitation and forgive them.

But as we said, the recitation of “Allāh, Allāh,” the blessed and glorious name of Allāh ‘Azza wa-Jalla, is recited in our ṭarīqah both with the tongue and with the heart.

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When this recitation is done both with the tongue and the heart, the person is always in a state of dhikr (remembrance). Even if the tongue is not engaged, the heart constantly recites “Allah, Allah,” so a person remains in a state of perpetual remembrance without even realizing it. So, a person is in a state of remembrance throughout their entire life. The barakah of Allāh ‘Azza wa-Jalla’s blessed name strengthens a person’s imān and body; light descends upon the heart and body through that name. May Allāh ﷻ never diminish that light from us, but keep it constant, in shā’a Llāh. May that remembrance remain perpetual in our hearts, in shā’a Llāh.

Wa min Allāhi t-Tawfīq. Al-Fātiḥa.

Mawlana Sheikh Muhammad Adil ar-Rabbani  
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