

Mawlana Shaykh Muhammad Adil ar-Rabbani

IMSAAK KAY WAQT PAR TAWAJJOH DO

As-Salāmu ‘Alaykum wa RaḥmatuLlāhi wa Barakātuh.

A‘ūdhu BiLlāhi Minash-shayṭāni r-raḥīm. BismiLlāhi r-Raḥmāni r-Raḥīm.

Wa ṣ-Salātu wa s-Salāmu ‘alā Rasūlinā Muḥammadin Sayyidi l-Anwālina wa l-Akhirin.

Madad yā RasūlAllāh, Madad yā Sādāti Aṣḥābi RasūliLlāh, Madad yā Mashāyikhinā,

Dastūr Mawlana Sheikh Abdullāh al-Fā’iz ad-Dāghistāni, Sheikh Muḥammad Nāzim

al-Ḥaqāni. Madad. Tariqatunā aṣ-Suḥbah wa l-Khayru fi l-Jam‘iyyah.

Bismi Llāhi r-Raḥmāni r-Raḥīm:

شَهْرُ رَمَضَانَ الَّذِي أُنزِلَ فِيهِ الْقُرْآنُ هُدًى لِّلنَّاسِ وَبَيِّنَاتٍ مِّنَ الْهُدَىٰ وَالْفُرْقَانِ

(Qur’ān 02:185). ‘Shahru Ramadāna Al-Ladhī ‘Unzila Fīhi Al-Qur’ānu Hudan Lilnāsi Wa Bayyinātin Mina Al-Hudā Wa Al-Furqān’, ‘Ramzaan ka maheena [woh hain] jismein Qur’ān utaara gaya hai, jo logon ke liye hidayat aur (jis mein) rehnumaai karne waali aur (haq-o-baatil mein) imtiyaaz karne waali waazeh nishaniyaan hain.’ Sadaqa Llāhu l-‘Azīm.

Yeh ba-barkat Ramzaan ka maheena, Allah ﷻ ka pyara maheena hai. Be-shak, iski fazilat yeh hai ke iss mein ki gayi ibadaaton ke liye Allah ﷻ ki jaanib se be-hisab ajr milta hain. Unhein be-hisab ajr ataa kiya jata hain. Isiliye, jitna ho sake utni nekiyaan karni chahiye, jitni zyada ibadatein mumkin ho usay karni chahiye. Agar na kar sake to kam-az-kam niyyat toh karni hi chahiye, “Main niyyat karta hoon ke yeh pura Ramzaan Allah ﷻ ki marzi ke mutaabiq guzar jaye. Hum logon mein bahot si kamiyaan hai. Aayein hum se jitna zyada ho sake utna zyada kiya jayein. Allah ﷻ humein hamaari niyyat ke mutabiq ajr ataa farmayein.” Yeh baat ahem hai. Kuch log zyada karte hain, kuch kam. Jo zaroori hai woh Allah ﷻ ki razaa haasil karna hai. Agar tum har cheez mein Allah ﷻ ki razaa haasil karne ki niyyat karogey, chaahe tumhaare amal kam hi kyu na ho, Allah ﷻ uske liye bhi mukammal ajr ataa karta hain. Allāh ‘Azza wa-Jalla Akramul Akramīn hain, Sabse Bada Meherbaan. Woh ﷻ inn chhoti chhoti cheezon par gaur nahi karta.

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Magar kabhi kabhi kuch baaton par tawajjoh dena zaroori hoti hai. Roza rakhne ke waqt logon ko pareshani hoti hai ke roza kis waqt shuru karna hai aur kab iftar karna hai. Aur kuch log doosron ko bhi pareshan kar dete hain. Hum ne aisi baatein bhi suni hai ke “Suraj nikalne (tulu-e-aftaab) tak khaa sakte hain,” ya “Imsaak (roza shuru hone) ke waqt tak, or yeh aur woh.” Lehaza iss masle par tawajjoh dena zaruri hain. Imsaak ke baad aap ko kuch bhi nahi khana hain. Kuch log khud ko aalim zaahir kartein hain aur kehte hain, “Suraj nikalne tak (tulu-e-aftaab tak) kha sakte hain.” Woh aalim nahi hain, woh jaahil hain. Sirf 5-10 minute ke liye tumhara poora mah-e-Ramzaan zaya karne ki zarurat nahi hain. Yehi Allah ‘Azza wa-Jalla ka hukm hai. Jo Allah ﷻ ne farmaya hai usper amal karna laazim hain. Beshak, yehi ahem hai. Baqi cheezon mein niyyat ke mutabiq kar sakte hain, magar iss cheez mein tumhein bahot ehtiyaat karna chahiye. Sehri aur Imsaak ke waqt par tawajjoh dena chahiye. Hum jise imsaak kehte hain, woh aam taur par azaan ka waqt hota hai. Azaan ke baad tum kuch bhi mat khao. Ehtiyaat ke taur par, azaan se 5-10-15 minute pehle khana rok dena behtar hai. Tum zyada mutawajjah rahoge. Unhein tainaat kiya jata tha. Purane zamaane mein, waqt batane wale hote thay, jo waqt tay karte thay, waqt ka hisaab lagate thay, sehri kab hogi aur imsaak kab hain. Imsaak aakhri waqt hota hai jab kha sakte hain; uske baad, tum kuch bhi nahi kha saktey. Woh fajr, zuhr, asr, maghrib aur isha ki azaan kay waqt tay karte thay. Ab waqt batane wale log nahi hain, magar ab calendar hain, aur cheezain usi ke mutabiq tay hoti hain. Pehle yeh nahi tha – aur agar waqt ki khabar dene wale log hote to behtar hota, magar ab jab aisa nahi hain, to kya karen? Jo tay hai uske mutabiq challenge, InshaAllah. Magar jaise ki hum ne kaha, jab bhi koi roza rakhna chahe, ehtiyaat ke taur par 5-10 minute pehle niyyat kar le aur uske baad kuch bhi naa khaye. Agar Allah ﷻ ke liye 5 minute na khayein, yeh theek hai.

Lehaza humein iss par tawajjoh dena hai. Baqi, jaise ki hum ne kaha, waqt ka khayaal rakh kar, yeh sab ibaadaatein jaaiz hain. Tumhein Allah ﷻ ki razaa milegi. Jaise Allah ﷻ ne har cheez ke liye waqt muqarrar kiya hai. Ramzaan, Eid, Fajr, Zuhr ke liye makhsos waqt hain. Fajr ki namaaz ka waqt muqarrar hai; tum iske saath khel nahi sakte. Zuhr ki namaaz ka waqt bhi; isay thoda jaldi padh sakte hain. Asr ki namaaz alag hai. Yeh do hisso mein taqseem hai: Asr ka pehla waqt aur Asr ka dusra waqt. Yeh thodi jaldi ya thodi der se ho sakti hain. Maghrib ka waqt muqarrar hai; pehle nahi padh sakte. Isha ka waqt thoda aasaan hai; yeh thoda jaldi ya der se ho sakti hain. Magar baqi waqton ki paabandi karo aur ehtiyaat karo. Iftar aur sehri ke aakhri waqt par tawajjoh dena intehaai zaroori hai. Allah ﷻ isay qubool farmaye.

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Allahﷻ hamaari ibaadaaton ko qubool farmaye. Jo koi bhi in mein se kisi cheez mein anjaane mein galti kar baithay, tauba karo aur maafi maango, Allahﷻ hum sab ko maaf ataa farmayein, InShaAllah.

Wa min Allāhi t-Tawfiq. Al-Fātiḥa.

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