

# Mawlana Shaykh Muhammad Adil ar-Rabbani

## CHANGE YOUR EGO NOT YOUR FACE

*As-Salāmu ‘Alaykum wa RaḥmatuLlāhi wa Barakātuh.  
A‘ūdhu BiLlāhi Minash-shayṭāni r-raġīm. BismiLlāhi r-Raḥmāni r-Raḥīm.  
Wa ṣ-Salātu wa s-Salāmu ‘alā Rasūlinā Muḥammadin Sayyidi l-Anwālina wa l-Akḥirīn.  
Madad yā RasūlAllāh, Madad yā Sādāti Aṣḥābi RasūlilLāh, Madad yā Mashāyikḥinā,  
Dastūr Mawlana Sheikh Abdullāh al-Fā’iz ad-Dāghistāni, Sheikh Muḥammad Nāẓim al-  
Ḥaqqāni. Madad. Tarīqatunā aṣ-Suḥbah wa l-Khayru fī l-Jam‘iyyah.*

Bismi Llāhi r-Raḥmāni r-Raḥīm.

فَتَبَارَكَ اللَّهُ أَحْسَنُ الْخَالِقِينَ

‘Fa tabārakaLlāhu ahsanu l-khālīqīn’, ‘So blessed is Allāh, the Best of creators.’ (Qur’ān 23:14). Ṣadaqa Llāhu l-‘Azīm. Allāh ‘Azza wa-Jalla has created everything beautifully. His ﷺ name is revered, we say “Tabāraka.” There can be nothing higher or better than that. Allāh ‘Azza wa-Jalla created everything in its most beautiful form. Mankind, however, dislikes it and wants to change it. When they change it, it’s not beautiful, and even if it seems beautiful, it later harms people.

This is what we call the end of times; people think, “We will do better, we will make everything better.” While trying to “do better,” they make things worse. Then they want to return to their old self. But it won’t happen anymore. You’ve already ruined it. You can’t do it again. You cannot replicate what Allāh ‘Azza wa-Jalla has created.

Therefore, you mustn’t interfere. If Allāh ‘Azza wa-Jalla has given it to you, you should be content with it, be grateful, and move on. There’s no need to do unnecessary things just to “become more beautiful.” However, some needs arise, and things are done. Some things are done for health, but doing them for pleasure is not good. Because, Allāh ﷻ says, “فَلْيَغْيِرُنَّ خَلْقَ اللَّهِ”, “Fa-la-yughayyirunna khalqa Llāh”, ‘They will change the creation of Allah.’” (Qur’ān 04:119). They will alter what Allāh ﷻ has created. There are small things, and then there are bigger things. Ḥāshā, people in the end of times are trying to make men into women and women into men. Besides that, they are trying to change, lengthen or shorten their faces, eyes, and heights. They may do that, but the harm will come back to them.



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Therefore, it is necessary to be content with what Allāh ‘Azza wa-Jalla has created and to be grateful. After all, how long is life? You won’t live forever. Fifty years, a hundred years, however long you live, everyone knows you as you are, everyone accepts you. Why are you trying to change yourself? Those are completely unnecessary things.

If you’re going to change anything, change your own ego. Become better. Don’t follow your ego! Let your ego follow you. Allāh ﷻ has given us this form and appearance. “Be content, O ego!” Correct yourself. Perform surgery on yourself, remove your bad traits and throw them away. If you don’t like what Allāh ﷻ has created, your body, then you must change yourself so that Allāh ﷻ will be pleased with you. It won’t work otherwise. That is, the outward form isn’t important. It’s not the form, but the inner humanity that matters. If your humanity isn’t good, change it. If you’re not content with Allāh ﷻ, change that, and be content with Allāh ﷻ. Be grateful for what Allāh ﷻ has given you, be content, that is what is important. The outside, the form is not important. Form will eventually turn to soil; nothing will remain. But your ego, your soul, those remain, you see their benefit.

Just as Allāh ﷻ gave people knowledge, He ﷻ also gave them mind and reason. May He ﷻ grant them the ability to use their mind and intellect so that they may find peace. Otherwise, people will not find peace. They will not be content with anything, they will not be satisfied with anything. May Allāh ﷻ help people, protect them from shayṭāns, protect them from their egos, in shā’a Llāh.

Wa min Allāhi t-Tawfīq. Al-Fātiḥa.

Mawlana Sheikh Muhammad Adil ar-Rabbani  
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