

Mawlana Shaykh Muhammad Adil ar-Rabbani

ṬARĪQAT KE LOG IN MĀHINO SE FAIDA UTHĀTAY HAIN

As-Salāmu ‘Alaykum wa RaḥmatuLlāhi wa Barakātuh.

A‘ūdhu BiLlāhi Minash-shayṭāni r-raḥīm. BismiLlāhi r-Raḥmāni r-Raḥīm.

Wa ṣ-Salātu wa s-Salāmu ‘alā Rasūlinā Muḥammadin Sayyidi l-Anwālina wa l-Akhirin.

Madad yā RasūlAllāh, Madad yā Sādāti Aṣḥābi RasūliLlāh, Madad yā Mashāyikhinā,

Dastūr Mawlana Sheikh Abdullāh al-Fā’iz ad-Dāghistāni, Sheikh Muḥammad Nāẓim

al-Ḥaqqāni. Madad. Ṭarīqatunā aṣ-Suḥbah wa l-Khayru fī l-Jam‘iyyah.

Allāh ﷻ ka shukr, teen muqaddas māheenay qareeb aa rahay hain. Ek saal guzar gaya; din guzartay hain, saal guzartay hain, zindagi guzar jati hai. Isiliye in mauqo se faida uthana zaroori hai. Yeh aakhirat ki cheezein hain. Ṭarīqat ke log, jo hamaare Rasool ﷺ ke raaste par chaltay hain, iss ki qadar jantay hain aur isse faida uthātay hain. Jin ke naseeb mein yeh nahi woh iss ki qadar nahi kartay. Woh kisi cheez se faida nahi uthātay.

Jaisa ke hum ne kaha, shayṭān hamesha momin ki tabaahi chahta hai. Woh unka bhala nahi chahta. Agar koi bhi nek cheez ho, to woh usay burā batā kar tanqeed karta rehta hai, kehta hai, “Iss se door raho, yeh burī hai, yeh aisi hai,” jaise naseehat de raha ho, “Agar tum yeh karoge to gumrah ho jaoge, shirk karoge, yeh woh karoge, yeh sunnat nahi hai, yeh woh nahi hai, yeh kuch nahi hai,” aur aise hi kehta rehta hai.

Magar Allāh ‘Azza wa-Jalla ne farmaya ke saal mein barah māheenay hain, jin mein se chaar muqaddas māheenay hain. Pehla Rajab hai. Rajab ka maheena barkat wala maheena hai. Sha’bān ka maheena bhi woh māheenon mein se hai jin mein hamaare Rasool ﷺ Lāhu ‘alayhi wa-sallam ne sab se zyada rozay rakhe aur ibaadat ki. Ramzaan, bilashuba, ek ba-barkat maheena hai. Iss mein koi shak nahi.

Isiliye in teen māheenon ki taazim karna aur in mein zyada ibaadat karna bahot faida deta hai. Yeh chhodna nahi chahiye. Rozay rakhe jātay thay. Jin logon par rozay qazaa hain, woh Rajab ke shuru hone se do din pehle do māhinay ki kaffarah ke rozay shuru kar dein, taake woh 61 din poore kar len. Kyunke Rajab ya Sha’bān mein se koi maheena 29 din ka ho sakta hai. Lehaza jis ne rozay chhode hain, ya rozay nahi rakhe,

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usay zindagi mein ek baar kaffarah ke rozay rakhne hain. Chahe ek din ka qaza ho ya sau din ka, woh ek kaffarah ka rozah hi kaafi hai. Uss ke baad woh apne qazaa poore karne ki koshish karein. Phir, kisi bhi waqt, unke kaffarah ke rozay poore hone ke baad, woh farz rozon ke qazaa poore karne ke liye rozay rakhna shuru kar saktay hain.

Yeh pehli baat hai – kyunke jaisa hum ne kaha, teen muqaddas māheenon mein ajr-o-sawaab zyada hai. Bahot saari ḥadees hain, magar unhein inkar karne wale bhi bahot hain, shayṭān ke log. Unki baatein mat suno. Allāh ﷻ ka shukr, ṭarīqat behtareen raasta dikhati hai. Raasta, ṭarīqat woh raasta hai jo hamaare Rasool ṣallā Llāhu ‘alayhi wa-sallam tak jati hai. Hum aap ﷺ ki sunnat ko amal mein laate hain, aur aap ﷺ ne jo bhi kiya woh karte hain, InShaAllah.

Us ke baad Riyādah (zuhd) aur Khalwah (khalwat) hai. Aam taur par dervishon ke liye 40 din ki khalwat hoti thi. Magar iss daur mein yeh zaroori nahi. Kyunke mushkil hai aur bardasht nahi ho sakti, doosri cheezon ki taraf le jaegi. Isiliye, 40 din kisi ek jagah lagataar khalwat nahi hai, balkay 40 din karna hai. Fajr ki namaaz se ek ghanta pehle uth kar suraj tulu hone tak ibaadat karen, Qur’ān padhein, tasbīhāt padhein. Agar koi namaaz qazaa ho to Fajr se pehle adaa karein. Beshak, tamaam tahajjud namazain padhein. Yeh suraj tulu hone tak kare. Us ke baad, agar uska roza hai to roza rakhein. Agar nahi hain to naashta karein. Ya phir Riyādah, Khalwat ki niyyat se karein Asr se Maghrib tak, ya Maghrib se ‘Isha tak, ya Asr se ‘Isha tak. Allāh ﷻ qabool farmata hai. Yeh khalwat hain, jisey dervish ko zindagi mein ek baar zarur karni hai, aise yahan mukammal hojati hai. Agar woh isay yahan nahi karta hain to qabr mein karega. Magar yahan karna zyada afzal aur araam wala hai.

Allāh ﷻ in dino aur māheenon par barkat ataa karein, aur hamein unki qadar karne walon mein shaamil farmaye, InShaAllah. Hum ne Allāh ﷻ ka shukr adaa karna hai aur Us ﷻ ki di hui neymatōn par shukrguzari karni hai. Allāh ﷻ apni neymatōn ko hum par barqarar rakhe, InShaAllah.

Wa min Allāhi t-Tawfīq. Al-Fātiḥa.

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