

Mawlana Shaykh Muhammad Adil ar-Rabbani

ṬARĪQAH PEOPLE BENEFIT FROM THESE MONTHS

*As-Salāmu ‘Alaykum wa RaḥmatuLlāhi wa Barakātuh.
A‘ūdhu BiLlāhi Minash-shayṭāni r-rajim. BismiLlāhi r-Raḥmāni r-Raḥīm.
Wa ṣ-Salātu wa s-Salāmu ‘alā Rasūlinā Muḥammadin Sayyidi l-Anwālina wa l-Akhirīn.
Madad yā RasūlAllāh, Madad yā Sādāti Aṣḥābi RasūlilLāh, Madad yā Mashāyikhinā,
Dastūr Mawlana Sheikh Abdullah al-Fa’īẓ ad-Dāghistāni, Sheikh Muḥammad Nāẓim al-
Ḥaqqāni. Madad. Ṭarīqatunā aṣ-Suḥbah wa l-Khayru fī l-Jam‘iyyah.*

Shukr to Allāh ﷻ, the three sacred months are approaching. A year has passed; days pass, years pass, life passes. Therefore, it is necessary to benefit from these occasions. These are the things necessary for the Hereafter. People of ṭarīqah, those who follow the way of our Prophet ﷺ know their value and benefit from them. Those who are not destined don’t value them. They don’t benefit from anything.

As we said, shayṭān always wants the harm of the believer. He does not want their benefit. If there is anything good, he constantly criticizes it making it seem bad, saying, “Stay away from it, it is bad, it is so,” as if he is giving advice, “If you do this, you will go astray, you will commit shirk, you will do this and that, this is not Sunnah, it is not this, it is nothing,” and keeps saying so.

However, Allāh ‘Azza wa-Jalla has said that the year has twelve months, four of which are sacred months. The first is Rajab. The month of Rajab is a blessed month. The month of Sha’bān is also one of the months in which our Prophet ṣallā Llāhu ‘alayhi wa-sallam fasted and worshipped the most. Ramadan, of course, is also a blessed month. There is no doubt about that.

Therefore, respecting these three months and performing more acts of worship during them is of great benefit. It should not be missed. Fasting used to be observed. People who owe fasting should begin two months of Kaffarah fasting before the beginning of Rajab, two days beforehand, to complete those 61 days. Because one of the months Rajab or Sha’bān might be 29 days. Therefore, a person who has missed fasting, or haven’t fasted, needs to perform Kaffarah fasting once in their lifetime. Whether they missed one day or a hundred days, that one Kaffarah fast is sufficient for them. After that, they should strive to fulfill their debts. Then, at any time, after their Kaffarah fasting is completed, they can begin fasting the obligatory fasts to fulfill their debts.

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This is the first – because as we said, the rewards are greater during the three sacred months. There are many ḥadīths, but there are also many who deny them, the people of shayṭān. Don't listen to them. Shukr to Allāh ﷻ, ṭarīqah shows the best way. The way, ṭarīqah is the way going to our Prophet ṣallā Llāhu ‘alayhi wa-sallam. We apply his ﷺ Sunnah, and do what he ﷺ did, in shā’a Llāh.

After that, there is Riyādah (asceticism) and Khalwah (seclusion). Normally, there used to be a 40-day seclusion for dervishes and so. But that's not required at this time. Because it would be difficult and cannot be tolerated. It would lead to other things. Therefore, it's not forty days of seclusion continuously in the same place, but starting from forty days. One can wake up an hour before Fajr prayer and worship until sunrise, reading the Qur'ān, reciting tasbīhāt. If there are any missed prayers, they are performed before Fajr prayer. Of course, all the night prayers are performed. This is done until the sunrise. After that, if he has a normal fast, he fasts. If not, he has breakfast. Or, this done with the intention of Riyādah, Khalwah, can be from Asr until Maghrib, or from Maghrib until 'Isha, or from Asr until 'Isha. Allāh ﷻ accepts it. This seclusion, which a dervish must perform once in his life, is done here. If he doesn't do it here, he does it in the grave. But doing it here is much more virtuous and more comfortable.

May Allāh ﷻ bless these days and months of ours, and may He ﷻ make us among those who appreciate them, in shā’a Llāh. We must thank Allāh ﷻ and express gratitude for the blessings He ﷻ has given us. May Allāh ﷻ continue to bestow His ﷻ blessings upon us, in shā’a Llāh.

Wa min Allāhi t-Tawfīq. Al-Fātiḥa.

Mawlana Sheikh Muhammad Adil ar-Rabbani
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Fajr Prayer – Akbaba Dergah, Istanbul