

Mawlana Shaykh Muhammad Adil ar-Rabbani

KHWAABON KE BAREIN MEIN

*As-Salāmu ‘Alaykum wa RaḥmatuLlāhi wa Barakātuh.
A‘ūdhu BiLlāhi Minash-shayṭāni r-raḥīm. BismiLlāhi r-Raḥmāni r-Raḥīm.
Wa ṣ-Salātu wa s-Salāmu ‘alā Rasūlinā Muḥammadin Sayyidi l-Anwālina wa l-Akhirin.
Madad yā RasūlAllāh, Madad yā Sādāti Aṣḥābi RasūlilLāh, Madad yā Mashāyikhinā,
Dastūr Mawlana Sheikh Abdullāh al-Fā’iz ad-Dāghistāni, Sheikh Muḥammad Nāẓim
al-Ḥaqqāni. Madad. Tarīqatunā aṣ-Suḥbah wa l-Khayru fi l-Jam‘iyyah.*

Bismi Llāhi r-Raḥmāni r-Raḥīm:

وَجَعَلْنَا نَوْمَكُمْ سُبَاتًا

“Wa Ja`alnā Nawmakum Subātāan”, “Aur tumhaari neend ko tumhare aaraam [ka sabab] banaya gaya.” (Qur’an 78:9). Ṣadaqa Llāhu l-‘Azīm.

Allāh ‘Azza wa-Jalla Qur’ān ‘Azīmu sh-Sha’n mein farmata hain, “Hum ne neend ko tumhare liye raahat ka sabab banaya.” Albatta, neend mein log khwaab dekhte hain. Zyadatar log apne khwaab bhool jaate hain. Kuch log yaad rakhte hain, woh kehte hain, “Humein bure khwaab dikhayi dete hain.” Woh shikaayat karte hain, “Hum ne jinnat ko dekha, yeh dekha, woh dekha.” Poochte hain, “Hum kya karein?” Khwaabon ka koi asar nahi hota. Isi wajah se, agar tum apne khwaab ke barein mein kisi ko yeh keh kar na batao ke “mujhe ek bura khwaab aaya,” phir kuch nahi hoga; uska koi bhi asar nahi hoga. Lekin agar tum iske barein mein kisi aise shaksh ko bata do jiska kaam yeh nahi hain, aur phir woh uski tabeer karne ki koshish karein aur samjhaane ki koshish karein, ke uss khwaab ka matlab kya hain, Allah ﷻ humaari hifaaizat farmaye, agar woh buri tabeer karta hain, phir aksar woh baat buri hi saabit hoti hai.

Lehaaza, agar tum koi khwaab dekhte ho, achhe ya burey khwaab, uske barein har kisi ko naa batao, khaas taur par unhein toh bilkul nahi jo iska ilm naa rakhte ho. Agar tumhein kisi ko iske bare mein batana hi hain, sirf usi shakhs ko batao jo khwaab ki behtareen tabeer karta ho, lehaza woh khayr ka sabab ban sakein. Dusri soorat mein, tum bekaar ki takleef mein phans jaogey.

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Isi wajah se, tumhein har baat har kisi ko nahi batana chahiye. Khaas taur par, khwaabon ke maamle mein. “Mujhe bure khwaab aate hain” ghabrana nahi hain. Allah ﷻ ki ijaazat se, agar tum uski buri tabeer naa nikalo, aur kisi ko bhi uske bare mein naa batao, phir kuch nahi hoga. Ya phir, agar tum khwaab dekhne ke baad neend se jaag jao, koi aayat, koi surah, ya Surah al-Fatiha padh lo, phir Allah ﷻ ke fazl se, kuch bhi nuqsan nahi hoga. Kyonke zyadatar log sochte hain “yeh asal mein ho gaya hai.” Jab woh tumhein sunana shuru karte hain “humne jinn ko dekha, humne pariyaan dekhi hain.” Lekin inn khwaabon ka asal mein koi asar ya nuqsan nahi hota, Allah ﷻ ki ijaazat se.

Hamaare khwaab joh humein dikhayi dete hain Allah ﷻ usay khayr ka sabab banaye. Yeh Allah ‘Azza wa Jalla ka ek raaz hain, jissey Allah ‘Azza wa Jalla insaano par apni qudrat zahir karne ke liye dikhata hai. Yeh khwaab Us ﷻ ke raaz hain. Insaan baithay baithay aisi cheezein dekh leta hai jo usne kabhi socha bhi nahi tha, bahot ajeeb-o-gareeb manzar. Aisa isliye hota hai taake Allah ‘Azza wa Jalla insaan par Us ﷻ ki qudrat ko zaahir karein. Ya phir, “agar yeh aisa hota aur hum aisi khaufnaak haalat ka saamna karte phir kya hota.” Kabhi kabhi insaan bahot daraawne khwaab dekhta hai. Lekin jab neend se jaagta hain hai, phir khush hota hai aur kehta hai, “Alhamdulillah, yeh sirf khwaab tha!” Insaan ko Allah ﷻ ka shukr adaa karna chahiye ke aisa kuch haqeeqat mein nahi hua. Woh sirf ek khwaab tha aur khwaab mein hi guzar gaya. Yeh bhi Allah ‘Azza wa Jalla ki hikmat ki be-nazeer cheez hai. Us ﷻ ki hikmat la-mehdood hai. Ek insaan ki aql kabhi bhi Us ﷻ ki hikmat ko samajh hi nahi sakti.

Kuch log tahqiq karte hain ke khwaab kaise zahir hote hain, kya hota hain. Albatta, khwaab kayi qism ke hotay hain: Ek qism hain jo guzre din ke aamaal ke asar se hote hai. Doosri qism, shaytaani khwaab hote hain. Aur teesri qism mein rahmaani (ruhaani) khwaab hote hain. Yeh mukhtasar taur par khwaabon ki qismen hain. Allah ﷻ khwaabon ko khayr ka sabab banaye. Aur Allah ﷻ hum sabko shar se mehfooz rakhein.

Wa min Allāhi t-Tawfīq. Al-Fātiḥa.

Mawlana Sheikh Muhammad Adil ar-Rabbani
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