

# Mawlana Shaykh Muhammad Adil ar-Rabbani

## DUSRO KE LIYE AASAANIYA FARAHAM KARO, MUSHKILAT NAHI

*As-Salāmu ‘Alaykum wa RaḥmatuLlāhi wa Barakātuh.  
A‘ūdhu BiLlāhi Minash-shayṭāni r-raḥīm. Bismillāhi r-Raḥmāni r-Raḥīm.  
Wa ṣ-Salātu wa s-Salāmu ‘alā Rasūlinā Muḥammadin Sayyidi l-Anwālina wa l-Akhirin.  
Madad yā RasūlAllāh, Madad yā Sādāti Aṣḥābi Rasūlillāh, Madad yā Mashāyikhinā,  
Dastūr Mawlana Sheikh Abdullah al-Fā’iz ad-Dāghistāni, Sheikh Muḥammad Nāzim  
al-Ḥaqqānī. Madad. Tarīqatunā aṣ-Suḥbah wa l-Khayru fi l-Jam‘iyyah.*

Humare Rasool salla Llāhu ‘alayhi wa-sallam farmatein hain,

يَسِّرُوا وَلَا تُعَسِّرُوا، بَشِّرُوا وَلَا تُنْفِرُوا

“Yassirū wa-lā tu‘assirū, Bashshirū wa-lā tunaffirū”, “Cheezon ko aasaan banao aur inhein mushkil na banao; logon ko khush-khabri do aur unhein door na bhagao.”

Aasaan banao, Rasool ﷺ farmate hain. Mushkil na banao. Logon ke liye dushwari paida na karo. Jitni ibaadat banda karta hai, Allah ﷻ usay qubool farmata hai. Agar tum kisi ko keh do ke “Tumhari ibaadat qubool nahi hogi”, phir woh aadmi ya aurat dobara isay nahi karega, yeh kehkar ke: “Jab qubool hi nahi hogi, Mujhe isay dobara nahi karna.” Lekin, Allah ‘Azza wa Jalla banday ki ibaadat ko qubool farmata hai jab tak ke woh sirf Allah ﷻ ki raza ke liye ho. Iske qubool na honay mein koi rukawat nahi hai.

Allah ‘Azza wa Jalla apne Habib Rasool ﷺ ke qaul se farmata hai: Isay aasaan karo. Isay aasaan banao. Logon ke liye mushkil na karo. Agar tum kehne lago, ‘Yeh karna zaroori hai. Woh karna zaroori hai. Tumhein yeh karna hi hoga. Tumhein woh karna hi hoga,’ phir yeh kisi shakhs ke liye bahot mushkil ho jayega. Phir woh kahega, ‘Main isay nahi kar sakta,’ aur aakhir mein sab chhod dega. Lekin, chahe amal chhota hi kyun na ho, woh insaan ke dil ko nur deta hai. Uske kaam aasaan ho jaate hain. Jab banda Allah ﷻ ko nahi bhoolta – yaqeenan, jab woh namaaz ke liye khada hota hai, woh shaks Allah ﷻ ko yaad karta hai. Wahi haal wuzu karte waqt bhi hota hai. Isiliye, jitna aasaan ho, chahe wo thoda hi kyun na ho, tumhein kisi dusre ke liye isay mushkil nahi banana hain yeh keh

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kar ke, “Tumhein itna karna hi hoga. Tumhein utna karna hi hoga.” Yaqeenan jab tak ke banda Allah ﷻ ko nahi bhoolta, Allah ﷻ apne bande se raazi rehta hai.

“Bashshiru”, “بَشِّرُوا”, “Khushkhabri do”, Rasool ﷺ farmate hain. “Tum ne yeh amal kiya, Allah ‘Azza wa Jalla tum se raazi hai, humare Rasool ﷺ tum se raazi hain.” Zyadatar logon ko waswasa hota hai ke unki ibaadat qubool hoyi hai ya nahi, “Mujhe malum nahi agar yeh qubool hui ya nahi?” Kuch log ghanto tak wuzu karte hain aur jab namaaz ke liye kharhay hote hain phir kehte hain, “Mujhe yad nahi agar maine niyyat ki hain ya nahi?” Jab woh zikr karna chahte hain ya ders lena chahte hain, “Kya maine rabita theek se kiya hain ya nahi?” Rabita mein koi mushkil nahi hai. Apne Shaykh ya Murshid ko yaad karo; bas yehi kafi hai.”

Bahot se log koshish karte hain, “Main ek ghante se rabita qaim karne ki koshish kar raha hoon.” Wo isay mushkil bana rahe hain. Phir woh isay dobara kabhi nahi karenge. Jab tum rabita karte ho, phir Shaykh tumhein jorh dete hain. Jab tum unhein yaad karte ho, unke zariye, tumhein humare Rasool ﷺ yaad aate hain, aur tumhein Allah ‘Azza wa Jalla yaad aata hai. Yeh tamaam cheezien tumhare liye aasani hain. Woh tumhare liye dushwari nahi chahte. Allah ‘Azza wa Jalla, humare Rasool ﷺ ‘alayhi wa-sallam aur woh murshideen jo aap ﷺ ke raah par chalte hain, hamesha aasani dikhate hain. Iski sabse barhi misaal humare Shaykh, Mawlānā Shaykh Nāẓim hain. Woh apne aap par bahot sakht thay, unkey nafs par. Woh har cheez karte the, har Sunnat adaa karte thay. Lekin doosro ke liye hamesha aasani rakhtay the. Unki wajah se, hazaaro, das hazaar logon ne sifar (zero) se aaghaz karke sabse khoobsurat haalat (martabe) tak pahonch gaye. Allah ﷻ unka maqam buland kare. Allah ﷻ logon ko khoobsurti aur hidayat ataa farmaye, InshaAllah.

Wa min Allāhi t-Tawfīq. Al-Fātiḥa.

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